

Your Federal Grant or Loan is Frozen:

Take These 7 Steps!

1. Educate your Congressional Delegation.

Write a letter to or call your Congressional delegation alerting them to the impact of the freeze. Make it as personal, authentic, and as relevant to their district and their own experiences as you can. Explain what the money funds and invite them to visit your facilities to understand what you are trying to accomplish. Here's a template to get you started and here's [contact info](#).

2. Share details about the impact with local media.

This can be as simple as an email to local reporters, editors, and TV news stations with information on the amount frozen and what activities will be impacted.

3. Call on your network to amplify.

Email volunteers, board members, and supporters and ask them to share the impact with their networks. Sample social post below and [graphics here](#).

Dear [Name of Representative or Senator],

On January 28, [organization or local government name]'s federal funds became part of the federal freeze on grants and loans. We are writing to let you know the impact that freeze will have on our community and your constituents.

[Insert description of organization's mission.] [Insert description of impact from frozen funds such as monthly meals not served, children not served, jobs lost, hours of research lost, etc.]

We have been fortunate to receive support from the federal government to meet the needs of community members and ask that you fight for the thawing of these funds on behalf of your constituents. Please let us know if we can provide any additional information on the impacts of the federal freeze. Thank you for your time and service.

Send



@seapnews The federal freeze means that [\$____] has been paused for [organization or local government]. That equals [impact numbers like meals, children served, jobs, hours of research, etc.] on hold for our community. #UnpauseProgress

4. Continue pursuing federal grants/loans. Deadlines for posted grant opportunities remain active, and forecasted opportunities will likely reemerge after the pause.

5. Explore other funding. Now is a critical time to diversify funding by considering state grants, foundation support, and private opportunities to ensure continuity of projects.

6. Ensure compliance and stay audit-ready. Review all active federal grants to ensure strict adherence to reporting deadlines, expenditure requirements, and timelines. With heightened scrutiny on grant usage and agency efficiency, ensure your record-keeping, financial documentation, and program reports are in perfect order.

7. Acknowledge policy shifts and map out stakeholder engagement.

Assess how your programs align with the administration's [updated priorities](#) and identify new agency program officers and decision-makers to strengthen relationships and ensure alignment with future funding priorities.

Need support? Contact Liza Crichton, SEAP's Federal Resources Coordinator, at liza@theseap.org.

